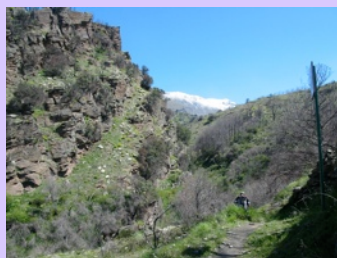


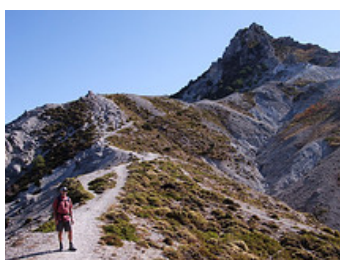
Walking in the Sierra Nevada



Self Guided Walking Itinerary Number 6

Trevenque; "The Matterhorn of the Sierra Nevada" 4 or 6 hours medium or hard

Trevenque at 2079m is not as high as some, but none the less is a very stylish, appealing and at times challenging mountain. Well worth the effort to enjoy the summit and it's extensive views of the higher mountains beyond.



Although we have included Trevenque in the "hill walking itineraries" it is a mountain and should be treated as such. There are some steep drops, some loose ground and

being a "spire" can attract bad weather and storms. If in doubt, hire a guide. If you proceed keep an eye on the weather and be prepared to retreat. Lightening storms can form quickly.

From Lanjaron take the motorway towards Granada and take the motorway towards The Alhambra and Sierra Nevada. Leave the motorway as for La Zubia and take the road passing "Cumbres Verdes" to a car park near Cerro de Sevilla (Grid ref: 4535 41044)

From the car park head east along a path initially beside a concrete "path" (which is a water pipe encased in concrete). At the end of the concrete bear left and keep on the path that is to the left. Eventually this path ascends back to the right and joins the ridge.

At the ridge turn left and follow the well defined path past some interpretation boards which eventually brings you to a col with some more interpretation



boards and a great view of Trevenque. Here turn left and follow a well made track that runs beside the main ridge. Eventually a decision will need to be made as to when to leave the path and join the ridge. This should only be done when you can see that the ridge rises continuously above you.

(Don't worry if you stay on the path, it peters out and another path traverses back and up left to the ridge).



The path keeps just to the right of the ridge for most of the ascent. There are a couple of steeper rocky steps just before

the summit. Care needs to be taken on these.

The descent we take follows the top part of the ridge we ascended until a path traverses diagonally down to the left just after passing a rock spire. This takes us to the end point of the original path we were following. Cross the path and continue descending down into a dry valley.



When you reach the dry valley there is a path junction. Ahead and to the right is the shortest way back leading to the view point with

interpretation boards (straight forward and 4km back to the car). Follow the dry valley taking care to pick up a path to the right in 1.5Km that leads back to the viewpoint and back to the car park.

Left is a more strenuous (7Km) alternative.

Turn left following the path that leads to a dirt track road in about 1.5Km. Here turn right following the track past the Refugio Rosales (locked up) and continue descending. Shortly after (400m?) crossing the "canal" (covered watercourse), look out for the path on the right that follows the side of the valley back to a point beneath the car park.